

Feng Shui Tips to Help Recession-Proof Your Life

by

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It was bound to happen sooner rather than later. A participant in my Feng Shui and Wealth workshop asked a question using the “R” word that many of us are afraid to speak.

Recession.

Her question was timely:

With the economy on this downward spiral, how can I use Feng Shui to help stay afloat if we start to sink deep into a recession?

The simple answer is that a few Feng Shui adjustments can stop your ship of fortune from sinking, keep wealth flowing, and help make your home recession-proof despite a poor economy.

Feng Shui is the art and science of arranging things in your home and office in the appropriate place so you can attract what you want into your life—like wealth, harmony, and love. And the good news about Feng Shui is that some simple and low-cost changes can have long-lasting results that help you attract wealth and keep the wealth you have already accumulated.

Here are two important Feng Shui steps you can take that will have some big payoffs in attracting and retaining wealth.

First, clear your clutter.

In Feng Shui, clutter represents postponed decisions and the inability to move forward in your life. Think about that for a while as you stare at the piles of paper on your desk, the unworn clothes in your closet, and the months of unread magazines in your family room. Since nothing new comes into your life until you make room for it, you need to start clearing out the old stuff you are holding on to in order to make room for wealth to flow into your life.

If you can't decide whether an object is clutter or a keeper, ask yourself these six questions:

1. Do I love it?
2. Do I need it?
3. Does it reflect who I am at this point in my life?
4. Does it have positive emotional attachment?
5. If it needs to be repaired am I willing to pay to fix it now?
6. If I moved tomorrow would I pay a mover to take it with me?

If your answer was "No" to any one of the questions, the item is clutter and out it goes.

A cluttered space equals a cluttered mind. Make sure you clear clutter with a prosperity consciousness (that is, *I can afford to replace the item in the future if I need it*) rather than a poverty consciousness (*I might never have enough money to*

replace the object in the future). Get rid of clutter today and make room for wealth to flow into your home tomorrow.

Second, fix broken things.

Feng Shui is about rearranging your surroundings to set the intention for something good to happen to you, like a bigger bank account, a lower mortgage rate, or a higher salary. And while you are waiting for these big intentions to come flowing through the front door, it is important to pay attention to the small things that contribute to a feeling of prosperity. If you ignore things that need to be repaired, replaced, or removed, you set an intention of neglect; when you fix them, your intention is one of abundance.

Here are 10 simple repairs you can make to set the attention to attract wealth:

1. **Clean Your Front Door.** The front door is considered the place where all good energy enters your home; a dirty or faded door repels wealth but a clean door attracts prosperity.
2. **Replace Burned Out Light Bulbs.** If your rooms are dark, so is your financial future; replace burned out light bulbs and brighten your possibilities to attract wealth.
3. **Clean Your Windows.** Windows are the “eyes” of your home; dirty windows cloud your vision but clean windows give you a clear view of the opportunities coming your way.

4. **Remove Dead Plants.** Dead plants symbolize dead energy; replace dead or dying plants and vegetation inside and outside of your home with healthy living plants, shrubs, and trees to grow wealth in your life.
5. **Remove Clutter From Under Your Bed.** If you have too many unused objects under your bed you won't sleep well, and lost sleep results in missed opportunities for prosperity.
6. **Replace Broken Mirrors.** If you have a broken mirror in your home it can keep you from seeing things smoothly; replace it so you can reflect a smooth view of prosperity.
7. **Keep the Toilet Lid Down.** If your toilet lids are open you are symbolically flushing your finances away; keep them down and keep your wealth.
8. **Fix Drips and Leaks.** Leaking water represents leaking wealth; stop the leak and you will stop the drain of your abundance.
9. **Remove Old Food From the Fridge.** Food and wealth are closely related, so if you have old, dried-up, or fuzzy food in the fridge you are squandering your wealth.
10. **Clean Your Stove.** Make sure the burners on your stove are in good working condition because they relate to your ability to feed people; immediately fix any nonworking burners.

Whether or not you are worried about a recession, when you clear clutter you open up room for wealth to flow into your home, and when you fix broken things you remove whatever is blocking prosperity from entering your life.

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About the author...

Carol M. Olmstead, FSII, is a consultant, author, and speaker specializing in practical, real-world applications of Feng Shui for home, business, and real estate. A Certified Feng Shui Practitioner and Red Ribbon Professional, Carol uses her natural intuitive sense to help attract prosperity, health, love, harmony, happiness, and abundance. Carol has been featured in print and Internet publications including *Cosmopolitan Magazine*, *The Washington Post*, *Chicago Tribune*, *Philadelphia Inquirer*, *Washingtonian Magazine*, *Baltimore Magazine*, *The Scientist Magazine*, *Best Life Magazine*, *Prevention Books*, and home improvement websites. She is a frequent guest on broadcast and Internet radio and television. Carol is the author of the *Feng Shui Quick Guide for Home and Office: Secrets for Attracting Wealth, Harmony, and Love*.

To subscribe to Carol's free monthly *Feng Shui For Real Life E-zine* full of tips, advice, and success stories, go to: www.FengShuiForRealLife.com.

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Adapted from Carol's book, the **Feng Shui Quick Guide for Home and Office**, this calendar features a year of advice for attracting wealth, revving up your love life, creating family harmony, finding a better job. The tips cover all of the seasons and all of the adventures and misadventures of your life. Liberally sprinkled through the calendar are success stories from real people who used these tips to improve their lives.

Here are a few sample tips:

January 1: *Move 27 things to encourage something new to happen in the coming year.*

April 15: *If you paid too much in taxes this year, place three valuable coins in the wealth area of your house to help activate the flow of prosperity.*

December 31: *Decorate your home for New Year's Eve with gold and silver, the colors of valuable coins, symbolizing your intention to attract wealth in the coming year.*

Pre-order the **Feng Shui For Real Life Tip-A-Day Calendar** now at a 10% discount.

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